

Gulf South Conference T&F Championships 2024 - 5/2/2024 to 5/4/2024

Montevallo Track Stadium

Meet Program - Thursday Running

**Event 142 Decathlon: #1 Men 100 Meter Dash**

Thursday 5/2/2024 - 11:00 AM

GSC Rec: 10.90 5/4/2023 Nate Boleware

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

2	Roberson, Colin	FR	Alabama-Hunt	NT
3	Womack, Walter	FR	Montevallo	NT
4	Brunner, Matthew	SO	West Georgia	NT
5	Vick, David	SO	Montevallo	NT
6	Doolittle, Timothy	FR	Lee (Tenn.)	NT
7	Gilliland, Gabe	SO	Alabama-Hunt	NT

**Section 2 of 2 Finals**

2	Brooks, Eli	SR	Lee (Tenn.)	NT
3	Stroud, Will	FR	Montevallo	NT
4	Stine, Cameron	JR	Lee (Tenn.)	NT
5	Hopf, Zane	FR	Alabama-Hunt	NT
6	Boleware, Nate	SR	Montevallo	NT
7	Long, Caleb	SR	Lee (Tenn.)	NT

**Event 141 Heptathlon: #1 Women 100 Meter Hurdles**

Thursday 5/2/2024 - 11:15 AM

GSC Rec: 14.27 4/19/2018 Hunter Chavarry

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

2	Brown, Lily	FR	Lee (Tenn.)	NT
4	Dellezay, Lauren	FR	Montevallo	NT
6	White, Sydney	SO	Lee (Tenn.)	NT

**Section 2 of 2 Finals**

2	Carroll, Kylie	JR	Montevallo	NT
4	Doll, Alexis	JR	West Georgia	NT
6	Theron, Liezl	SO	Lee (Tenn.)	NT
8	Brun, Kiffin	JR	Montevallo	NT

**Event 141 Heptathlon: #4 Women 200 Meter Dash**

Thursday 5/2/2024 - 0:00 PM

GSC Rec: 25.95 5/4/2023 Sydney White

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

3	Dellezay, Lauren	FR	Montevallo	NT
4	Brun, Kiffin	JR	Montevallo	NT
5	White, Sydney	SO	Lee (Tenn.)	NT
6	Doll, Alexis	JR	West Georgia	NT
7	Carroll, Kylie	JR	Montevallo	NT
8	Brown, Lily	FR	Lee (Tenn.)	NT
9	Theron, Liezl	SO	Lee (Tenn.)	NT

**Event 142 Decathlon: #5 Men 400 Meter Dash**

Thursday 5/2/2024 - 0:00 PM

GSC Rec: 49.63 5/5/2022 Stacen Cunningham

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

2	Womack, Walter	FR	Montevallo	NT
3	Long, Caleb	SR	Lee (Tenn.)	NT
4	Stroud, Will	FR	Montevallo	NT
5	Gilliland, Gabe	SO	Alabama-Hunt	NT
6	Doolittle, Timothy	FR	Lee (Tenn.)	NT
7	Vick, David	SO	Montevallo	NT

**Section 2 of 2 Finals**

2	Hopf, Zane	FR	Alabama-Hunt	NT
3	Brunner, Matthew	SO	West Georgia	NT
4	Brooks, Eli	SR	Lee (Tenn.)	NT
5	Boleware, Nate	SR	Montevallo	NT
6	Stine, Cameron	JR	Lee (Tenn.)	NT
7	Roberson, Colin	FR	Alabama-Hunt	NT

**Event 120 Men 200 Meter Dash**

Thursday 5/2/2024 - 5:30 PM

Top 2 In Heat Plus Next 2 On Time Advance

GSC Rec: 20.84 1979 Larry Myricks

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Benson, Jeremiah	FR	Montevallo	23.35
2	Benson, Ja'lon	FR	Montevallo	22.35
3	Klei, Niklas	SR	Mississippi	21.54
4	Gizzi, Michael	JR	Alabama-Hunt	20.92
5	Biggers, Amare	JR	Christian Br	22.24
6	Foster, Grayson	FR	Mississippi	21.54
7	Marshall, Jaylin	SO	Shorter	NT
8	Gibson, Dedic	SO	Shorter	21.96
9	Shaw, Aiden	FR	Lee (Tenn.)	21.80

**Heat 2 of 3 Prelims**

1	Jarrett, Jordan	SO	Christian Br	23.32
2	Bellamy, Dwight	FR	Montevallo	22.18
3	Grames, Robert	SR	Mississippi	21.67
4	Steele, Justin	JR	Lee (Tenn.)	21.04
5	Edwards, Keyonte	FR	West Alabama	22.49
6	Campbell, Ke'Andre	JR	Alabama-Hunt	21.79
7	Craig, James	SR	Shorter	NT
8	Jones, Jacobe	FR	West Alabama	21.99
9	Walker, Lawrence	SO	West Alabama	21.51

**Heat 3 of 3 Prelims**

2	Blanchard, Luke	FR	Lee (Tenn.)	22.71
3	Giddens, Jeremiah	SR	West Georgia	22.10
4	Harris, Michael	FR	West Alabama	22.50
5	Jackson, Doniven	SR	Lee (Tenn.)	21.43
6	Williams, Elijah	SR	Shorter	21.07
7	Masengu, Nokia	SR	Lee (Tenn.)	21.77
8	Thomas, Chris	FR	Alabama-Hunt	22.13
9	Daniels, Damone	FR	Mississippi	21.77

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Meet Program - Thursday Running

**Event 119 Women 200 Meter Dash**

Thursday 5/2/2024 - 5:45 PM

Top 2 In Heat Plus Next 2 On Time Advance

GSC Rec: 23.70 4/23/2017 Adrian Martin

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 3 Prelims</b>				
2	Montefusco, Kira	SR	West Georgia	25.36
3	Balikis, Yakubu	JR	West Alabama	23.53
4	Dah, Delphine	SR	Lee (Tenn.)	26.34
5	Halliburton, Micaiah	SO	Christian Br	26.69
6	Minter, Dasani	JR	West Georgia	25.67
7	Noble, Kameron	SO	Shorter	25.71
8	Stephens, Gabriel	SO	West Alabama	24.92

**Heat 2 of 3 Prelims**

2	Mickler, Keziah	FR	Alabama-Hunt	25.57
3	Green, Alana	SO	Mississippi	24.48
4	Ryan, Janay	JR	Lee (Tenn.)	26.07
5	Robinson, Chandler	SR	Alabama-Hunt	25.49
6	Rush, Zaniya	SO	West Alabama	NT
7	Branch, Josalyn	FR	Shorter	26.09
8	Adams, Janiya	FR	West Alabama	NT
9	Murry, Amiah	FR	Alabama-Hunt	24.63

**Heat 3 of 3 Prelims**

2	Grimes, Treneice	JR	Shorter	25.58
3	Fischer, Livia	FR	Mississippi	26.10
4	Dortch, Jordyn	FR	Alabama-Hunt	24.21
5	Bourrage, Brynesha	SO	West Alabama	24.81
6	Hilliard, Janae	FR	Alabama-Hunt	25.39
7	Rose, Madison	JR	Shorter	25.96
8	Tobler, Jakara	JR	Lee (Tenn.)	26.74

**Event 138 Men 3000 Meter Steeplechase**

Thursday 5/2/2024 - 6:00 PM

GSC Rec: 8:53.40 4/30/2021 Christian Noble

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Capolupo, Connor	FR	West Georgia	10:54.56
2	Shingleton, Nate	FR	Alabama-Hunt	9:50.90
3	Pearce, Owen	JR	Lee (Tenn.)	9:10.47
4	Old, Tal	SO	Lee (Tenn.)	10:10.59
5	Guthery, Caleb	JR	Lee (Tenn.)	NT
6	Gaddis, Luke	SO	Lee (Tenn.)	9:33.47
7	Danner, Jackson	JR	Alabama-Hunt	10:42.86
8	Friedman, Baxter	SO	Mississippi	9:56.86
9	Knox, Nathan	JR	Alabama-Hunt	9:09.99
10	Cain, James	SR	Alabama-Hunt	10:06.01
11	Nails, Taylor	SR	Alabama-Hunt	9:39.54
12	Clayton, Will	SR	Christian Br	9:41.71

**Event 137 Women 3000 Meter Steeplechase**

Thursday 5/2/2024 - 6:30 PM

GSC Rec: 10:30.69 4/30/2021 Toni Moore

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Pierce, Laney	FR	West Georgia	13:28.62
3	Cain, Elizabeth	FR	Alabama-Hunt	12:41.72
4	Cavanaugh, McKenna	SR	Lee (Tenn.)	10:34.05
5	Wohlgemuth, Paige	SR	Alabama-Hunt	12:58.10
6	Bell, Bre	JR	Mississippi	10:52.46
7	Sellers, Shana	SO	Mississippi	NT
8	Halterman, Julia	SO	Lee (Tenn.)	NT
9	Iliiff, Ashlyn	JR	Lee (Tenn.)	10:44.27
10	Maurer, Kathrin	SO	West Georgia	12:25.77

**Event 140 Men 10000 Meter Run**

Thursday 5/2/2024 - 7:00 PM

GSC Rec: 30:24.00 1986 Chris Palmer

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Wilhelm, Sam	JR	Alabama-Hunt	28:43.84
2	Parmer, Cooper	SO	Mississippi	NT
3	Stephens, Griffin	JR	West Georgia	32:30.00
4	Methvin, Braedon	SO	Mississippi	NT
5	Anglea, Will	JR	Alabama-Hunt	NT
6	Henneberger, Gabe	SR	Alabama-Hunt	31:39.39
7	Kelly, Brock	JR	Mississippi	NT
8	Harless, Ezekiel	SR	Lee (Tenn.)	NT
9	Himes, Aaron	JR	Lee (Tenn.)	NT
10	Whipp, Wyatt	SO	Mississippi	NT
11	Gallardo, Derek	SR	West Georgia	32:30.00
12	Stogner, Jon Fielding	JR	Lee (Tenn.)	NT
13	Pohlsander, Nate	FR	Alabama-Hunt	32:19.01
14	Roberts, Drew	SR	Montevallo	NT
15	Adamski, Corey	JR	Alabama-Hunt	33:22.38

**Event 139 Women 10000 Meter Run**

Thursday 5/2/2024 - 7:45 PM

GSC Rec: 34:55.05 5/4/2023 Celine Ritter

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Krueger, Katie	JR	Lee (Tenn.)	37:48.69
2	Warner, Natalie	JR	Montevallo	NT
3	McMurry, Emily	SR	Alabama-Hunt	35:56.08
4	Patterson, Paige	SR	Lee (Tenn.)	NT
5	Horter, Danielle	SR	Lee (Tenn.)	35:15.36
6	Wardlaw, Ava	SO	Mississippi	NT
7	Moran, Phoebe	JR	Lee (Tenn.)	NT
8	Whipp, Josie	JR	Mississippi	NT
9	Vega, Aylin	SO	Alabama-Hunt	38:43.05
10	Perry, Caroline	SR	Mississippi	NT
11	Berry, Emily	SR	Mississippi	NT